



# **Eurokrise SORGENLOS!: Mit »Positiv-Crisis-Selfness« mental die Krise meistern (gugra-Media-Self-Help) (German Edition)**

*Tim Carnegie Graham*

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»Eurokrise SORGENLOS« bietet Ihnen eine unschätzbare Hilfe, den Herausforderungen der Eurokrise und weiteren Katastrophen und Schicksalsschlägen der Zukunft zu begegnen.

Die Methode des »Positiv-Crisis-Selfness (PCS)«, frei übersetzt, des »positiven persönlichen Krisenmanagements«, hilft Ihnen durch persönliche Entwicklung und Selbsthilfe Wege aus Krisen herauszufinden. Die Fähigkeit zu entwickeln, SELBST zu handeln um psychische und materielle Sorgen, Ängste, Nöte und Lasten zu überwinden. Ohne auf Glück zu vertrauen oder Unglück zu fürchten.

»Positiv-Crisis-Selfness« ist eine Methode zwischen hartnäckiger Schicksalsgläubigkeit und optimistischem religiösen Glauben und hat nichts mit Esoterik zu tun, sondern mit eigener konzentrierter Lebenserfahrung des Autors Tim Carnegie Graham. Dabei unterstützt er keinesfalls blinde Hinnahme. Im Gegenteil: Die schlichte Natur seiner positiven Philosophie und des eigenen Krisenmanagements mit einfachen Gedanken spiegelt den gesunden Menschenverstand wider. Gedacht für den Durchschnittsmenschen aber auch für intellektuell höher Berufene.

Tim Carnegie Graham hat für seine positive Selfness-Philosophie verschiedene Grundsätze geschaffen, die er in leicht nachvollziehbaren Aktionsschritten unterteilt hat, damit der Leser/Anwender daraus den größtmöglichen Nutzen ziehen kann.

So zeigt »Eurokrise SORGENLOS« u.a.

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