



Das Jahr danach: Wenn Paare sich trennen (German Edition)

Bettina von Kleist

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Mehr als 200 000 Ehen werden jedes Jahr in Deutschland und Österreich geschieden, Millionen von Beziehungen scheitern. Das Ende einer Partnerschaft bringt tiefgreifende Veränderungen mit sich. Lebenspläne werden durchkreuzt, Selbstbild und Rollenverständnis erschüttert, existenzielle und seelische Not stürzen Betroffene oft in eine tiefe Krise.

Das neue Buch von Bettina von Kleist zielt genau auf die Bruchstelle, wenn Vergangenes nicht mehr gilt und Künftiges sich noch nicht geordnet hat. Wie in einer Nahaufnahme leuchtet die Autorin Verhaltensweisen von Trennungsparen aus, rollt typische Erosionsprozesse der Liebe auf, bezieht die unterschiedliche Sicht von Verlassenen und Verlassenden ein und berücksichtigt Expertenmeinungen. Narrative Interviews mit Personen zwischen Ende 20 und Ende 60 verdeutlichen, wie unterschiedlich Männer und Frauen die Abwärtsspirale ihrer Beziehungen wahrnehmen und wie anders ihre Bewältigungsstrategien sind.

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