

From Ordinary to Extraordinary - How to Live An Exceptional Life: Practical Tools and Techniques to Transform Your Life

Brian Colbert

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If you feel at times that life is just passing you by, if you feel that you are being distracted from being your best, or if you know you could do it given half the chance — then this is the book for you!

Many of us think that you have to be born talented to succeed. However, recent scientific research has proven that the genes you are born with are open to influence. This book will teach you how to reprogram your mind for success. Brian Colbert will teach you the practical tools and techniques to transform your life into the special experience you deserve to have.

Utilising Neuro-Linguistic Programming (NLP), psychology, Taoism and Zen Buddhism, Brian explains how to reveal your hidden talents and how to uncover the ever elusive X-factor and make it your own.

From Ordinary to Extraordinary teaches you:

- How to revolutionize your mind, your moods and your motivations.
- How to handle opportunities, challenges and life transitions.
- How to influence, persuade and help others as you make your way to the top.
- How to stay on the path and master the rules of your true potential.

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