



# Soap Making Recipes: 365 Days of Healthy and Organic Soap Making Recipes for Your Body

*K.M. KASSI*

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**Today only, get this Amazon Best seller for just \$2.99. Regularly priced at \$4.99. Read on your PC, Mac, Smart phone, Tablet or Kindle device.**

Did you know that most commercially produced face and body soaps contain ingredients that are known to be toxic to humans? Some of these cause irritation and superficial damage to sensitive skin. Others cause permanent and lasting repercussions, like:

- Dioxane – synthetically derived from coconuts which has been linked to the increase of carcinogens or cancer-producing cells
- Formaldehyde – a preservative that compromises the immune system, and is linked with chronic fatigue, headaches/migraines, and respiratory ailments
- NDEA or Nitrosodiethanolamine – is a potent carcinogenic, which afflicts kidneys and livers
- Parabens – are also preservatives, and have been linked to the increase of breast cancer in women and ED or erectile dysfunction in men
- PEG-6 – has been linked with breast and ovarian cancer
- SLS or sodium laurel sulfate – used as a lathering agent commonly found in shower gels and liquid soaps, also triggers the growth of carcinogens
- Triclosan – is often used as an antibacterial agent, but this is a potent pesticide

Fortunately, making your own bath soaps at home can be as easy as: buying a few ingredients, pouring measured portions out into a bottle, and mixing these for 30 seconds. Homemade soaps are budget-friendly especially if you make large batches. Many oil-based ones can be stored for up to 12 months, making these ideal gifts to family and friends, or as a small-scale business venture. Best of all, you have full control over the ingredients. You can mix in scent and moisturizers you like, and forego harmful substances normally found in commercial products.

This book contains information on how you can make body or facial washes in the comfort of your own home. With 365 easy-to-follow soap-making recipes, you can make your own skin cleansers that are organic, milder on your skin, and environmentally-safe. These recipes are easy to customize to your own personal tastes as well. Lastly, this book contains information on how to properly store your homemade soaps to prolong their shelf lives, and give you almost a year's worth (or more) of bar soaps, shower gels, etc.

Take action today and download this book for a limited discount of only \$2.99!

Tags: Soap Making, Soap Making Recipes, Shampoo Making, Do-It-Yourself, Beauty, Grooming and Style, Candle Making, Soap Making Books, Soap Making for Beginners, Skin care, Massage.

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Spent a free the perfect time to be fun activity to complete! A lot of people spent their down time with their family, or their particular friends. Usually they undertaking activity like watching television, planning to beach, or picnic within the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your free time/ holiday? Could possibly be reading a book could be option to fill your free time/ holiday. The first thing that you'll ask may be what kinds of e-book that you should read. If you want to test look for book, may be the book untitled Soap Making Recipes: 365 Days of Healthy and Organic Soap Making Recipes for Your Body can be good book to read. May be it could be best activity to you.

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