



## The Bible's Diet: What Would Jesus Eat?

*Erik W. Schwetje*

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## **The Bible's Diet: What Would Jesus Eat?** Erik W. Schwetje

The Bible's Diet: What Would Jesus Eat was written by a regular Christian guy named Erik Schwetje that discovered an astonishing Biblical secret to rapid, permanent weight loss given by Jesus to his disciples and hidden in the pages of the Holy Bible itself. Erik was a college football player who ballooned up to over 240 pounds, wasted a ton of money on "fad diets" that almost killed him and then found his own Salvation simply by eating what The Lord laid out for his people in the pages of The Bible. If you're a believer and a Follower of Christ (or if you were a believer and have lapsed) this does for you book could change your life FOREVER and help you make changes that could add years or decades to your life.

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