



Psychologische Lerntheorien in der Suchttherapie am Beispiel des Rauchens (German Edition)

Franz Wegener

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Studienarbeit aus dem Jahr 2005 im Fachbereich Gesundheitswissenschaften, Note: 2, Otto-von-Guericke-Universität Magdeburg (Institut für Sportwissenschaft), Veranstaltung: Gesundheitssoziologie und -psychologie (WS 2004/2005), 33 Quellen im Literaturverzeichnis, Sprache: Deutsch, Abstract: Diese wissenschaftliche Arbeit trägt Möglichkeiten der Raucherentwöhnung durch klassische Lerntheorien der Psychologie zusammen. Sie beschreibt die Theorien, leitet dann aus ihnen Therapiestrategien ab und schlussfolgert Erfolge und Erfolgsvoraussetzungen dieser Methoden. Außerdem vergleicht sie diese theoretischen Ergebnisse mit tatsächlichen Methoden und Erfolgsquoten von Suchtprogrammen.

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