

Survive: Mountains

Justin Lichter

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Lightweight and small enough to fit in your pocket or tucked into your backpack, *Survive Mountains* is the must-have item to keep with you in case you find yourself in a mountainous survival situation. Including topics on administering basic first-aid, finding food and water, building shelter, and mental preparation, *Survive Mountains* also has full-color images and illustrations throughout. Expert hiker, and first-ever winter thru-hiker of the entire Pacific Crest Trail, Justin Lichter gives you the absolute essential information needed to get you home safely.

Inside you'll find:

- How to build fire, construct shelter, find water, and get food
- Navigation, orienteering, and signaling
- Worst-case-scenario advice for precarious situations
- Tips for common trail concerns, from lightning to blisters



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From reader reviews:

Christopher Watson:

Have you spare time for just a day? What do you do when you have much more or little spare time? Yep, you can choose the suitable activity for spend your time. Any person spent their spare time to take a stroll, shopping, or went to the particular Mall. How about open or even read a book allowed Survive: Mountains? Maybe it is being best activity for you. You realize beside you can spend your time together with your favorite's book, you can more intelligent than before. Do you agree with it has the opinion or you have additional opinion?

Randall Blake:

Hey guys, do you desires to finds a new book to read? May be the book with the subject Survive: Mountains suitable to you? Typically the book was written by popular writer in this era. Often the book untitled Survive: Mountainsis one of several books which everyone read now. This book was inspired a number of people in the world. When you read this guide you will enter the new shape that you ever know before. The author explained their concept in the simple way, and so all of people can easily to recognise the core of this reserve. This book will give you a lots of information about this world now. So you can see the represented of the world in this book.

Roy Matsumoto:

People live in this new day of lifestyle always attempt to and must have the spare time or they will get wide range of stress from both everyday life and work. So, when we ask do people have free time, we will say absolutely yes. People is human not really a robot. Then we consult again, what kind of activity have you got when the spare time coming to anyone of course your answer will certainly unlimited right. Then do you try this one, reading ebooks. It can be your alternative within spending your spare time, the book you have read will be Survive: Mountains.

Ronny Baird:

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