



# Connecting Through Touch: The Couples' Message Book

*Peggy Horan*

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# Connecting Through Touch: The Couples' Massage Book

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## **Connecting Through Touch: The Couples' Massage Book** Peggy Horan

Starting with a simple setting that can easily be accomplished with few special preparations, readers will learn, step-by-step, how to make a deep and meaningful connect with their partner's body. Using a combination of strokes from the most time-honored massage traditions, they will learn to be mindful of where their partner holds stress and tension. As the massage continues, readers will enter into a profound nonverbal dialogue with their partner, learning much from the simple act of contact with another body. All of the techniques are illustrated with black-and-white photographs. Elegant and refined, this book is a perfect gift for a special someone or a friend in love.

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