



# **Clean Cuisine: An 8-Week Anti-Inflammatory Nutrition Program That Will Change the Way You Age, Look & Feel (Hardback) - Common**

*By (author) Andrew Larson, Foreword by Affiliation Natalie Morales By (author) Ivy Ingram Larson*

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*By (author) Andrew Larson, Foreword by Affiliation Natalie Morales By (author) Ivy Ingram Larson*

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Developed by Dr. Andrew Larson and certified Health Fitness Specialist Ivy Larson, "Clean Cuisine" is scientifically proven to reverse diabetes, improve cholesterol and blood pressure, and ease the symptoms of other inflammatory diseases such as multiple sclerosis, fibromyalgia, asthma, allergies, and arthritis.

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