



Better Homes and Gardens Fresh: Recipes for Enjoying Ingredients at Their Peak (Better Homes and Gardens Cooking)

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The best of fresh, seasonal cooking from Better Homes and Gardens

As the farm-to-table movement grows, more people every day are choosing to cook healthier meals using fresh local foods. *Better Homes and Gardens Fresh* presents 300 easy and creative recipes for getting the most out of your area's seasonal produce. No matter where you live, this book shows you how to prepare simple, delicious meals using the very best fresh ingredients available to you.

You'll find recipes for snacks and appetizers, breakfast, salads, soups, casseroles, main dishes, meatless meals, sides, and desserts. Plus, you'll find super-simple one-pan recipes, as well as a detailed, illustrated produce guide to help you pick the freshest and most delicious fruits and vegetables in your area.

- Features 300 fresh, flavorful recipes that are simple to prepare and impossible not to enjoy
- Illustrated with gorgeous full-color photographs of prepared dishes and produce
- Includes a section of menus to help you craft a wide variety of complete meals

From coast to coast, millions of people are discovering just how delicious and rewarding it is to cook and eat local foods. With *Better Homes and Gardens Fresh Cookbook*, you'll find a wealth of recipes and resources to help you eat fresh, delicious meals every day.

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