



Untangled: Let God Loosen the Knots of Insecurity in Your Life

Carey Scott

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Think you'll never measure up? Think again.

We all want to feel valued. We crave approval and acceptance in the eyes of family, friends, and even strangers. But when we seek confirmation that we are *enough* using the world's standards, it seems like we always fall short. As a result, we cannot believe we are who God says we are--accepted, loved, beautiful, and treasured.

With hope-filled writing and plenty of hard-won personal advice, Carey Scott teaches you how to untangle your self-esteem from the world and anchor it in Jesus. She lovingly shows you that God was intentional in how he made you--and that he is pleased with his work. You'll learn practical strategies to escape the unattainable standards of our performance-based world. And you'll find comfort in the fact that you are not alone on the journey.

"If you feel like you're simultaneously 'too much' and 'not enough,' Carey gets you, gives you hope, and guides you to the one and only perfect One, in whose love you are complete."--**Cheri Gregory**, coauthor of *The Cure for the "Perfect" Life*

"Carey Scott offers encouragement for your heart and practical tools for your mind that will help you truly get free from insecurity."--**Holley Gerth**, *Wall Street Journal* bestselling author of *You're Already Amazing*

"Carey's transparency is permission for women to gently unwrap our own areas of insecurity. Her faith leads us to change and freedom."--**Amy Carroll**, speaker and author of *Breaking Up with Perfect*

Carey Scott is an author, speaker, and certified Bible life coach who challenges women to be real--not perfect--even when real is messy. She speaks to women's groups and writes an online devotional designed to help women be who God created them to be. She lives in Colorado with her husband and their two children.

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James Vazquez:

Have you spare time for the day? What do you do when you have more or little spare time? Yes, you can choose the suitable activity to get spend your time. Any person spent their very own spare time to take a go walking, shopping, or went to the Mall. How about open as well as read a book eligible Untangled: Let God Loosen the Knots of Insecurity in Your Life? Maybe it is to be best activity for you. You understand beside you can spend your time together with your favorite's book, you can better than before. Do you agree with its opinion or you have some other opinion?

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