



The Tour: Behind the Scenes of Cadel Evans' Tour de France

Guinness Rupert

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From Australia's first Tour de France winner Cadel Evans comes an insider's account of the Tour de France and what it takes to win this most prestigious of races. The campaign to win the Tour de France begins the day the last Tour finishes. Cadel takes us through the process of recruiting the best riders, the training camps and the practice rides. Then he explains the stages of the race to show how the team worked together, the tactics and the challenges that they had to overcome: the crashes, illness, injury, exhaustion. What are the elements behind a Tour defence? Will it be harder to defend than win? What will he expect from his rivals? Can Cadel take the yellow jersey a second time? From joining the BMC team to crossing the finish line, Cadel Evans: Victory in the Tour de France takes us through the fascinating lead up and preparation necessary to win the 2011 Tour de France – the biggest event on the road cycling calendar for both riders and the millions of followers of cycling's Grand Tour.

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