



Metodos de investigacion. Fundamentos de una practica clinica basada en la evidencia (Spanish Edition)

Wendy L. Hurley, Craig R. Denegar, Jay Hertel

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Métodos de investigación. Fundamentos de una práctica clínica basada en la evidencia está escrito por estudiantes y médicos, además de por profesionales sanitarios que tratan a pacientes con limitaciones de la movilidad, como fisioterapeutas y entrenadores deportivos. La presentación del texto es clara y fácil de seguir, y pretende enseñar a los lectores a cómo recoger, leer, interpretar, evaluar y aplicar los datos procedentes de la investigación a la práctica clínica. Y, lo más importante, descubrirán cómo un abordaje basado en la evidencia puede mejorar los resultados clínicos de su propia práctica.

Características destacadas:

- Se revisan los conceptos, lo que refuerza el enfoque crítico y permite destacar las teorías y puntos de vista más importantes.
- Los objetivos enunciados en cada capítulo guían la lectura y hacen hincapié en qué hay que conocer tras completar su estudio.
- Las preguntas de pensamiento crítico animan al lector a pensar cómo aplicará la investigación y cómo desarrollará un modelo de práctica clínica basada en la evidencia.
- Los ejemplos recogidos de la práctica de la fisioterapia y del entrenamiento deportivo facilitan la aplicación de los conceptos clave para una óptima toma de decisiones clínicas.
- Los resúmenes al final de cada capítulo permiten una revisión rápida de la información más importante.

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