



# **Eating the Bible: Over 50 Delicious Recipes to Feed Your Body and Nourish Your Soul**

*Rena Rossner*

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**Eating the Bible: Over 50 Delicious Recipes to Feed Your Body and Nourish Your Soul** Rena Rossner

One weekend, a decade ago, author Rena Rossner was served a bowl of lentil soup at dinner. The portion of the Bible that had been discussed that week was the chapter in which Esau sells his birthright to his brother Jacob for a bowl of red lentil soup. Rossner was struck by the ability to bring the Bible alive in such a tactile way and decided on the spot to see whether she could incorporate the Bible into a meal each week. And so she has. The result, *Eating the Bible*, is an innovative cookbook with original, easy-to-prepare recipes that will ignite table conversation while pleasing the stomach. Every meal will become both a tactile and intellectual experience as the recipes enrich both the soul of the cook and the palates of those at the table.

Every cook must glance at a recipe countless times before completing a dish. Often recipes involve five- to ten-minute periods during which one must wait for the water to boil, the soup to simmer, or the onions to sauté. It is Rossner's goal to help enrich those moments with biblical verse and commentary, to enable cooks to feed their souls as they work to feed the members of the household and guests. From the zesty "Garden of Eden Salad" to the "Honey Coriander Manna Bread," each recipe will delight the palate and spark the mind.

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Spent a free time and energy to be fun activity to complete! A lot of people spent their free time with their family, or their particular friends. Usually they performing activity like watching television, about to beach, or picnic in the park. They actually doing ditto every week. Do you feel it? Would you like to something different to fill your personal free time/ holiday? Might be reading a book is usually option to fill your cost-free time/ holiday. The first thing you ask may be what kinds of book that you should read. If you want to try out look for book, may be the publication untitled Eating the Bible: Over 50 Delicious Recipes to Feed Your Body and Nourish Your Soul can be very good book to read. May be it could be best activity to you.

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