



The KidsHealth Guide for Parents

Steven Dowshen, Neil Izenberg, Elizabeth Bass

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Accessible, authoritative advice from the creators of the award-winning KidsHealth website

Now the pediatricians behind the celebrated KidsHealth.org website which averages one million hits a day have created an exciting general children's health reference. Packed with solid advice from medical experts and seasoned parents, *The KidsHealth Guide* helps new parents master the basics of keeping their children healthy and gives veterans a chance to conveniently review the essentials.

User-friendly and fun, this comprehensive guide offers authoritative answers without intimidating length. Lists, tip boxes, decision trees, and bite-size segments with clear headings allow parents--especially the newer, frazzled kind--to find what they need fast. Covers everything from prenatal care, and to common illnesses, emergencies, safety, growth and development, chronic conditions, special needs, medications, nutrition, and invaluable suggestions on making effective and affordable use of the health care system.

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