



# Death, Drugs, and Muscle

*Gregg Valentino, Nathan Jendrick*

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## **Death, Drugs, and Muscle** Gregg Valentino, Nathan Jendrick

A behind-the-scenes look at the underground world of bodybuilding, this exposé is a tragic tale of drugs, murder, and self-destruction. Detailing Gregg Valentino's fame as "the man whose biceps exploded," this portrayal reveals how he quickly rose to the top of the weight-lifting scene, becoming both a spokesman for the sport and a celebrity among fans. This account also discusses how he crossed into the illegal world of steroids and drugs—becoming the biggest supplier of Steris products in the United States—and how his world of sex, drugs, and money came crashing down when his girlfriend died from a drug overdose and he was arrested. A gripping, uncensored story about a muscle-worshipping culture, this provocative, harrowing biography uncovers the dark and dangerous world of steroid use and drug dealing.

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