



The Spice of Vegetarian Cooking: Ethnic Recipes from India, China, Mexico, Southeast Asia, the Middle East, and Europe

Martha Rose Shulman

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Martha Rose Shulman--former food editor with *Cosmopolitan* and winner of the Tastemaker Award--brings her expertise to this inspired selection of vegetarian recipes from India, China, Mexico, Southeast Asia, the Middle East, Europe, and the United States. Each dish is characterized by its unique combination of spices--the ingredients that have for centuries given ethnic food its distinctive allure.

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