



Das befreite Ich: ermöglicht die Entlastung von Leidenszuständen und Konflikten (German Edition)

Alfred Drees

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Prismatische Psychotherapien ermöglichen Leidenszustände kurzfristig aufzulösen. Sie vermitteln tolerante Kommunikationsformen und damit Einsichten in die zu erwartende Entwicklung eines neuen Zeitalters, in dem die Diskriminierung anderer kultureller und religiöser Einstellungen zurücktreten kann. Der bizarre Lebensweg des Autors sowie seine Poesie und seine Veröffentlichungen vermitteln weitere Einsichten.

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