



**The Everything Healthy Green Drinks Book:
Includes Sweet Beets with Apples and Ginger
Juice, Melon-Kale Morning Smoothie, Green
Nectarine Juice, Sweet ... Blend and hundreds
more! (Everything®)**

Britt Brandon

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300 vibrant, healthy drinks to boost your health and energy!

Are you looking for a quick and satisfying way to get healthy? Blending and juicing fresh fruits and vegetables is fast becoming the preferred way to get your essential vitamins, minerals, and other nutrients. With 300 recipes for juices and smoothies, there's a tasty, easy-to-make treat for everyone, including:

- Green nectarine juice
- Simple spinach-apple smoothie
- Green carrot mango juice
- Sweet and spicy kale smoothie
- Health harvest juice
- Strawberry breakfast smoothie

Whether you're hoping to detox and lose weight or just looking to incorporate more fresh vegetables and fruits into your diet, you'll find all you need for a healthy and nutritious boost in *The Everything Healthy Green Drinks Book!*

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