



# What Do You Think of Me? Why Do I Care?: Answers to the Big Questions of Life

*Edward T. Welch*

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## **What Do You Think of Me? Why Do I Care?: Answers to the Big Questions of Life Edward T. Welch Tired of Trying to Win Approval and Escape Rejection?**

Peer pressure, codependency, shame, low self-esteem; these are just some of the words used to identify how people are controlled by others' opinions. Why is it so important to be liked? Why is rejection so traumatic?

Edward T. Welch's insightful, biblical answers to these questions show that freedom from others' opinions and genuine, loving relationships grow as we learn about ourselves, others, and God. This interactive book includes questions for individual or group study and is suitable for teenagers and young adults.

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Edward T. Welch, M.Div., Ph.D., is a licensed psychologist and faculty member at the Christian Counseling & Educational Foundation (CCEF). He has counseled for over twenty-five years and is the best-selling author of many books including *When People Are Big and God Is Small*; *Addictions: A Banquet in the Grave*; *Blame It on the Brain?*; *Depression: A Stubborn Darkness*; *Crossroads: A Step-by-Step Guide Away from Addiction*; *Running Scared: Fear, Worry, and the God of Rest*; and *When I Am Afraid: A Step-by-Step Guide Away from Fear and Anxiety*. He and his wife Sheri have two married daughters and four grandchildren.

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